



If you have concerns about someone with dementia...

Is the danger immediate for someone with dementia OR yourself? POLICE 🔗 999 (e.g., someone with dementia is making you feel threatened) call 🕿 999. If the danger is not POLICE 💁 101 immediate call 🕿 101. Always tell 999, the police and any agencies (e.g., fire, ambulance) the person concerned has a dementia diagnosis or suspected diagnosis. ASSESSMENT & SAFEGUARDING Want to make an urgent safeguarding DUTY LINE referral? Contact the Council's Assessment & Safequarding Duty Line. ☎ 020 8489 1400. Then option 9 Email: Safeguardingadultduty@haringey.gov. uk. DOMESTIC ABUSE HELPLINES Are you worried about violence or abuse for yourself, or someone with dementia? Haringey domestic abuse line: There are free and confidential helplines O300 012 0213 for advice. Open Mon to Fri 10am to 5.30pm National domestic abuse 24/7 help line 🖸 0808 2000 247 SPECIALIST DOMESTIC ABUSE For specialist domestic abuse helplines for specific groups: **HELPLINES** • Older people **OLDER PEOPLE: Hourglass**  Older women 24/7 helpline 🕿 0808 808 8141. • Men Email: helpline@wearehourglass.org LGBT+ Website: https://wearehourglass.org • Women from ethnic minority groups People with disabilities WOMEN (Over 55): Solace Silver Perpetrators Project: 🖸 0808 802 5565 Open Mon to Fri These helplines are for those experiencing Email: abuse, survivors of abuse or if you have

abuse, survivors of abuse or if you have concerns about someone who may be experiencing abuse.

silverproject@solacewomensaid.org

Website:

Specialist domestic abuse helplines continued...

SPECIALIST DOMESTIC ABUSE HELPLINES

LGBT+:

Galop: 20800 999 5428 Open: Monday to Friday Email: <u>help@galop.org.uk</u> Website: <u>https://galop.org.uk/get-help/helplines/</u>

DISABILITIES: SignHealth for deaf victims/survivors. Text on 07800 003421 Email: <u>da@signhealth.org.uk</u> Website: <u>https://signhealth.org.uk</u>

Respond for people with Learning Disabilities and autism. 2020 7383 0700 Email: <u>admin@respond.org.uk</u> Website: <u>https://respond.org.uk/</u>

MEN:

Men's advice line. 2 0808 8010327 Open: Mon to Fri 10am-5pm. Email: <u>info@mensadviceline.org.uk</u> Website: <u>https://mensadviceline.org.uk/contact-us/</u>

PERPETRATORS: Confidential advice to help perpetrators to stop being violent. 0808 8024 040 Open: Mon–Fri 10am-5pm Email: <u>info@respectphoneline.org.uk</u> Website: <u>https://respectphoneline.org.uk/</u>

See next page for more helplines for women from different cultural groups

Specialist domestic abuse helplines continued...

HELPLINES FOR WOMEN FROM DIFFERENT CULTURAL GROUPS

IMECE Women's Centre 2020 7354 1359. Open: Mon-Fri 9.30am-5.30pm Email: info@imece.org.uk Website: https://imece.org.uk/ For Turkish, Kurdish and Cypriot Turkish women and Black, Asian, Minority Ethnic And Refugee (BAMER) women.

> Iranian and Kurdish Women's Right Org (IKWRO) 2020 7920 6460. Open: Mon to Fri, 9.30am to 5.30pm. Email: info@ikwro.org.uk Website: https://ikwro.org.uk

Latin American Women's Rights Service 2 0808 145 4909. Open: Mon to Fri, 11AM to 1PM. Email: <u>info@lawrs.org.uk</u> Website: <u>http://www.lawrs.org.uk/</u>

Asian Women's Resource Centre (AWRC) 2020 8961 6549 /5701. Open: 10am-5pm Mon- Fri. Email: <u>info@awrc.org.uk</u> Website: <u>www.asianwomencentre.org.uk</u>

For more information on confidential and free local and national helplines see <u>https://www.haringey.gov.uk/social-care-and-health/health/public-</u> <u>health/domestic-violence-and-abuse-and-violence-against-women-and-</u> <u>girls/advice-and-support/organisations-offering-support</u>

Future Planning, Help and Advice

People with dementia may go missing

Some people with dementia may be at risk of going missing, and during this stressful time, it can be difficult to remember important details about them.

However, carers, family, or friends of a vulnerable person, or the person themselves, can complete a Herbet Protocol Form in advance to provide the police with key information to help find them.

Technology can help people with dementia to remain safe, active, and involved.

Technology used in this way is called "assistive technology". Some examples include:

- Trackers or intelligent pendants, such as Apple AirTag, can track a person's movements and prevent them getting lost.
- Different detectors can monitor falls, air quality in the home, if a pill dispenser has not been opened, when a door (e.g., fridge/front door) is opened/closed...etc.

Haringey Connected Care Can Help

Haringey Connected Care provide expert advice and support for digital assistive technology, along with a 24 hrs monitoring and responding service to help people with dementia stay safe in their homes.

### HERBET PROTOCOL FORM

https://www.met.police.uk/advice/a dvice-and-information/missingperson/missing-persons/vulnerablepeople-at-risk-of-goingmissing/dementia-missing-riskherbert-protocol/

### ASSISTIVE TECHNOLOGY

https://www.alzheimers.org.uk/getsupport/staying-independent/usingtechnology-everyday-life

https://www.scie.org.uk/dementia/s upport/technology/

#### CONNECTED CARE

#### Call: 020 8489 2365

E:<u>connectedcareservice@haringey.gov.</u> <u>uk</u> W:<u>https://www.haringey.gov.uk/social</u> <u>-care-and-health/health/accident-</u> <u>prevention-and-safety/safe-and-</u>

<u>sound-community-alarms</u>

## Future Planning, Help and Advice

Alzheimer's Society: Safeguarding & Dementia

Information on:

- What is safeguarding
- Safeguarding and people with dementia
- Abuse, including signs
- Keeping yourself and others safe
- Who to contact when you have a safeguarding concern

ALZHEIMER'S SOCIETY: SAFEGUARDING AND DEMENTIA

Website: <u>https://www.alzheimers.org.uk/get-</u> <u>support/legal-financial/safeguarding</u>

### Future matters

Offer a free service for Islington and Haringey residents to assist with planning for the future, including helping with planning for emergency and future care wishes, financial and legal affairs. They can assist with setting up Lasting Powers of Attorney and making an Advanced Care Plan.

## FUTURE MATTERS

Contact: Call the Age UK Islington Helpline 2 0207 281 6018 (Monday to Friday, 9 – 5pm) and they will connect you to the Future Matters service.

Email: gethelp@ageukislington.org.uk

## AGE UK GUIDES

Staying Safe guide: https://www.ageuk.org.uk/globalassets /age-uk/documents/informationguides/ageukig01\_staying\_safe.inf.pdf

Avoiding scams guide: https://www.ageuk.org.uk/globalassets /age-uk/documents/informationguides/ageukig05\_avoiding\_scams\_inf. pdf

At home with dementia guide: https://www.ageuk.org.uk/globalassets /age-uk/documents/informationguides/ageukig55\_at\_home\_with\_dem entia.inf.pdf

Age UK information on:

- Staying safe
- Avoiding scams
- At home with dementia

## Future Planning, Help and Advice

Alzheimer's Society have a range of dementia support services including local support and activity groups, and online communities.

#### ALZHEIMER'S SOCIETY

Website: https://www.alzheimers.org.uk/dem entia-support-services

Carers UK provides advice, information and support to carers. Carers UK also connect carers with each other.

Carers UK run a help line that provides guidance to paid and unpaid carers on a range of subjects.

The Silver Line Helpline is a free, confidential telephone service for older people. Provides friendship, conversation and support 24/7.



Reach and Connect provides general advice for people over 50 living in Haringey in areas relating to money and legal, health and wellbeing and care and support.

*Carers First* has advice on:

- What to do in a crisis
- Planning for emergencies
- Dealing with abuse or neglect
- Making a complaint about the local authority

CARERS UK

Website: https://www.carersuk.org/help-andadvice/helpline-and-other-support/

Carer's helpline 🖸 0808 808 7777 Open: Mon to Fri, 9am – 6pm

SILVER HELPLINE

24/7 helpline 🕿 0800 470 8090

Website: <u>https://www.thesilverline.org.uk/</u>

REACH AND CONNECT

☎ 020 3196 1905

Email: <u>hello@reachandconnect.net</u>

Website: <u>https://reachandconnect.net</u>

### CARERS FIRST

Website: <u>https://www.carersfirst.org.uk/help-</u> <u>and-</u> <u>advice/topics/?selectedTags=Legal%20</u> <u>matters</u>

### Future Planning, Help and Advice

Teepa Snow is one of America's leading educators on dementia. Teepa has a range of useful videos to support with dealing with challenging behaviours in dementia care that are freely available on You Tube.

#### TEEPA SNOW

Website: https://www.youtube.com/watch?v=xN znZ2MnV3I

Solace, SOS Toolkit supporting older survivors (A resource for professionals)

Toolkit aims to address gaps in practical knowledge and support professionals to understand the dynamics of domestic abuse in relation to older people.

#### SOLACE WOMEN'S AID

Toolkit can be found at: <u>https://www.solacewomensaid.org/get</u> <u>-informed/professional-resources/sos-</u> <u>toolkit-supporting-older-survivors</u>